

Maryland Pain Specialists

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******IMPORTANT PRE-OPERATIVE INFORMATION******

PRE-OPERATIVE INSTRUCTIONS

Do not have any solid food for eight (8) hours prior to the procedure.

You may drink water, Gatorade, Apple juice, White Grape Juice, Ginger Ale, 7-Up, Sprite up to two (2) hours prior to your procedure.

No other liquids are permitted! You must not have anything by mouth for two (2) hours prior to your procedure. This includes chewing gum, mints or hard candies.

You may take your regularly prescribed medications at their scheduled times with a **small** sip of water with the **exception of blood thinners**.

YOUR PROCEDURE MAY BE CANCELLED if you have taken blood thinners or anti-platelet medications such as Aggrastat, Aggrenox, Arixtra, Aspirin 325mg, Brillinta, Coumadin/Warfarin (Requires INR prior to procedure), Effient, Eliquis, Elmiron, Fragmin, Heparin,Integrilin, Lovenox, Plavix, Pletal, Pradaxa, Reopro, Ticlid, Xarelto. **PLEASE DISCUSS THE RISK OF STOPPING THESE MEDICATIONS WITH THE PHYSICIAN WHO PRESCRIBES THEM. DO NOT STOP THESE MEDICATIONS UNLESS THE RISK IS DEEMED ACCEPTABLE BY BOTH YOU AND YOUR PRESCRIBING PHYSICIAN. PATIENTS MUST OBTAIN APPROVAL FROM PRESCRIBING PHYSICIAN PRIOR TO DISCONTINUING MEDICATION. IF THE PHYSICIAN DOES NOT APPROVE THEN YOU MUST CONTACT OUR OFFICE FOR FURTHER INSTRUCTIONS.** Before you stop these medications please realize that other treatment options may be available. If you would like to discuss these options please give our office a call to schedule an appointment. Please note: Procedures cannot be performed on patients taking antibiotics or being treated for an active infection. PROCEDURES CANNOT BE PERFORMED IF YOU TAKE DESIRUDIN, BIVALRUDIN, ARGATROBAN & LIPIRUDIN. Contact our office if you take **ANY** of the medications mentioned above.

YOU MAY NOT DRIVE YOURSELF HOME, IT WILL BE NECESSARY FOR YOU TO HAVE A DRIVER AGE 18 OR OLDER TO DRIVE YOU HOME WHEN YOU ARE RELEASED FOLLOWING YOUR PROCEDURE. YOUR DRIVER MUST REMAIN ON SITE DURING YOUR PROCEDURE.

You can expect to be discharged approximately one hour following your procedure.

You may receive separate bills from the physician and the facility
If you have any questions or need to cancel and /or reschedule this procedure, please contact our office at (410) 825-6945. PLEASE DO NOT CALL THE FACILITY DIRECTLY